

SIGNATURE BOX

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. Ribeye Steaks (4 x 6 oz.)
- 2 lb. Homestyle Lasagna Dinner Entrée
- 2 lb. Beef and Bean Burritos (8 x 4 oz.)
- 2 lb. Boneless/Skinless Chicken Breast Chunks
- 28 oz. Jumbo Beef Pattie Entrée with Gravy
- 1 lb. Lean Ground Beef
- 1 lb. All Meat Hotdog
- 10 oz. Individually Wrapped Sliced Cheese (16 slice)
- 20 oz. Shoestring Fries
- 1 lb. Broccoli Cuts
- 12 oz. Peanut Butter
- 1 lb. Rice
- 1 lb. Pinto Beans
- 1 lb. Margarine Tub (Zero Grams Trans Fat)
- 32 oz. 2% Shelf Stable Milk Dozen Eggs Dessert

\$30.00

SENIOR & CONVENIENCE MEALS

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 30g protein, a starch & two vegetables or fruit.

- Home-Style Meatloaf with Zesty Tomato Sauce,** Diced Rutabagas and Lima Beans
- Beef Stroganoff with Sour Cream,** Winter Blend Vegetable and Diced Apples with Cinnamon Sauce
- Sliced Roast Beef & Gravy with Vegetables,** Diced Potatoes and Green Peas
- Breaded Veal Patty** with Mixed Greens and Diced Sweet Potatoes
- Char-Broiled Beef Meatballs** with Rice & Gravy, Peas & Carrots and Lima Beans
- Savory Seasoned Baked Chicken Leg Quarter** with Broccoli and Black-Eyed Peas
- Chinese Style Chicken Chop Suey** with Corn and Green Peas with Onions, Mushrooms and Red Peppers
- Grilled Chicken Strips with Tangy Sweet & Sour Sauce,** Spinach and Mexicorn
- BBQ Pork Rib Patty** with Sweet Potato Casserole and Green Peas
- Asian-Style Pork Fried Rice** with Ginger Carrots and Cabbage
- 10 2-pack, individually-wrapped cookies**

\$28

ALLERGEN-FREE FOOD BOX

Processed to eliminate the eight top serious allergy allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Tenders
- 1 lb. Breaded Chicken Breast Chunk (Boneless Wing)
- 1 lb. Breaded Chicken Nuggets
- 1 lb. Breaded Chicken Patties
- 1 lb. Breaded Steak Fingers

Battered with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika.

Breaded with white rice, brown rice, modified tapioca starch, flax seed, sugar, dextrose, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika.

Breading is pre-browned in Canola oil.

\$25.00

SEAFOOD BOX

Six pounds of the finest quality seafood assortment available.

- 2 lb. Alaskan Salmon Fillets (8 x 4 oz. fillets)
- 2 lb. Breaded Flounder Fillets (5 oz.-8 oz. fillets)
- 2 lb. IQF Large Shrimp (E-Z Peel & Deveined — 26-31 per lb.)

\$35

JUNE SPECIAL #1

7 lb. Assorted Meat Grill Box

\$23.00

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 2 lb. Thick-Cut Boston Butt Chops (4 x 8 oz.)
- 2 lb. Baby Back Ribs
- 1.5 lb. Bratwurst with Cheese

JUNE SPECIAL #2

4.5 lb. Meat & Chicken Combo

\$22.00

- 1.5 lb. Bone-In Ribeye Steaks (2 x 12 oz.)
- 1.5 lb. Sirloin Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Chicken Breast (4 x 6 oz.)

JUNE SPECIAL #3

11 lb. Chicken Combo Box

\$22.00

- 4.5 lb. (avg.) Perdue Whole Bird
- 3 lb. Split Chicken Breast
- 2 lb. Breaded Tenders
- 1.5 lb. Boneless/Skinless Chicken Breast

JUNE SPECIAL #4

Fresh Fruit and Veggie Box

\$22.00

- 1 each Sweet Vine-Ripened Red Seedless Watermelon
- 1 each Large Sweet Vine-Ripened Cantaloupe
- 2 each Large Tree-Ripened Mangoes
- 3 lb. Premium Tree-Ripened Valencia Oranges
- 1 lb. Premium Vine-Ripened Kiwi Fruit (5-6 Kiwis)
- 4 ears Premium Super-Sweet Yellow Corn
- 2 each Premium Fresh Zucchini Squash
- 2 each Premium Fresh Yellow Squash
- 2 lb. Premium Sweet Vidalia Onions
- 1 head Premium Fresh Green Cabbage
- 1 head Premium California Iceberg Lettuce
- 3 lb. Premium Idaho Baking Potatoes
- 1 Bottle Zesty Italian Salad Dressing and Marinade (16 oz.)
- 1 AFM June 2009 Fruit and Veggie Recipe Sheet

JUNE SPECIAL #5

"Latin Flavors" Fresh Fruit and Veggie Box

\$22.00

- 1 each Premium Vine-Ripened Cantaloupe
- 4 each Premium California Hass Avocados
- 2 lb. Premium Fresh Key Limes
- 1 each Premium Gold Pineapple
- 2 each Premium Fresh Green Plantains
- 2 each Premium Tree-Ripened Mangoes
- 1 head Premium California Iceberg Lettuce
- 2 each Fresh Yucca Root
- 1 each Fresh Jicama
- 1 Package Premium Yellow Corn Tortillas (30 ct.)
- 2 lb. Premium Large-Medium White Onions
- 1 lb. Premium Fresh Cello-Pack Carrots
- 1 lb. Premium Fresh Jalapeño Peppers
- 5 ct. Premium Garlic
- 1 AFM June 2009 "Latin Flavors" Recipe Sheet

Orders Due: Saturday, June 13, 2009

If you wish to pay with your EBT (food stamp) card, you must place your order on June 13, 2009. Orders may be brought to Whitley Church Information Desk between 10am-12noon. Orders can also be mailed to:

Whitley Church

**188 Whitley Church Road, Princeton, NC 27569
Distribution Day: Saturday, June 20, 2009**

Angel Food Ministry provides food for you and your family. One unit feeds a family of four for one week or a family of one for a month. Consider purchasing a unit and see how it will bless your family, reduce your grocery bill and save more time for your family. You may also want to purchase an extra unit for a needy family in your community. If you are interested in blessing a needy family in your community, please let us know when placing your order.

Name _____

Home Phone _____

Cell Phone _____

Email _____

Main Unit _____ x \$30 \$_____

Senior Box _____ x \$28 \$_____

Allergen-Free Box _____ x \$25 \$_____

Fish/Seafood Box _____ x \$35 \$_____

Special #1 _____ x \$23 \$_____

Special #2 _____ x \$22 \$_____

Special #3 _____ x \$22 \$_____

Special #4 _____ x \$22 \$_____

Special #5 _____ x \$22 \$_____

Questions about Angel Food Ministry?

Do you feel called to serve others?

Contact: Joey or Karen Statler
 919.922.0183 Joey's cell
 919.922.0372 Karen's cell

TOTAL Angel Food ORDER \$_____

Please make checks payable to:

Whitley Church

188 Whitley Church Road
 Princeton, NC 27569

One Church, Two Locations

Please Consider Worshiping with Us!



Prayer Requests:

Note: All Prayer Requests are prayed over by trained prayer team members.

Please retain your receipt – detach here

THIS IS YOUR RECEIPT

Main Unit _____ x \$30 \$_____

Senior Box _____ x \$28 \$_____

Allergen-Free Box _____ x \$25 \$_____

Fish/Seafood Box _____ x \$35 \$_____

Special #1 _____ x \$23 \$_____

Special #2 _____ x \$22 \$_____

Special #3 _____ x \$22 \$_____

Special #4 _____ x \$22 \$_____

Special #5 _____ x \$22 \$_____

DISTRIBUTION DAY:

9:30am-10:30am

Saturday, June 20, 2009

Please be aware that food not picked up by 10:30am will not be held. Food will be donated to a need family of Whitley Church.

Questions?

Contact Joey or Karen Statler

Joey's cell 919.922.0183

Karen's cell 919.922.0372

TOTAL Angel Food ORDER \$_____